



Colorado Resources and Support for Trans Youth and Their Families,

Trans Youth Education and Support of Colorado (TYES) offers statewide support for families with trans* and gender non-conforming youth. Families connect online via email and Facebook. Meetings in several locations. Contact your local PFLAG or TYES at (720) 443-7708 tyes.group@gmail.com
Website: <http://www.tyes-colorado.org/> Facebook <https://www.facebook.com/TYESgroup>

Current Resource Links

Several organizations maintain dynamic resource pages. As new information becomes available, links are added to the site. Here you will find plenty of information on books, movies, media events and more:

- TransYouth Family Allies <http://imatyfa.org/resources-index.html>
- Gender Spectrum <http://www.genderspectrum.org/resources>
- Boulder Safe Schools Coalition <http://www.bouldersafeschools.org/resources/gender-resources.html>
- T-VOX has a great library of resources for all ages.
http://www.t-vox.org/index.php?title=General_reading_list#Children.27s_Books

Education

- PFLAG National: www.pflag.org
- Gay, Lesbian, Straight Education Network (GLSEN): www.glsen.org
- Family Acceptance Project: <http://familyproject.sfsu.edu/>

Colorado Schools

- One Colorado "Guidance for Educators Working with Transgender and Gender Nonconforming Students." http://www.one-colorado.org/wp-content/uploads/2013/03/Transgender_Guidance.pdf
- Colorado Division of Civil Rights ruling for Fountain Colorado school district
http://www.transgenderlegal.org/media/uploads/doc_529.pdf
- U.S. Departments of Education and Justice settlement on the rights of transgender students:
http://www.nclrights.org/site/DocServer/Arcadia_Notification_Letter_07.24.2013.pdf
- TYES, PFLAG Colorado Press Release: http://www.tyes-colorado.org/documents/FINAL_PFLAG_TYES_Joint_Release.pdf

Lessons and Programs for Creating Safe Schools

- Welcoming Schools Program: <http://www.welcomingschools.org/>
- Teaching Tolerance Project: <http://www.tolerance.org/>

Legal

- Colorado Division of Civil Rights Pamphlet: <http://cdn.colorado.gov/cs/Satellite/DORA-DCR/CBON/DORA/1251629367385>
- Transgender Law Center: www.transgenderlawcenter.org
- Transgender Legal Defense: www.transgenderlegal.org
- National Center for Lesbian Rights www.NCLRights.org

National Conventions

- Gender Spectrum Family in Berkley, Calif.: www.genderspectrum.org (youth and family only)
- Gender Odyssey and Family in Seattle: www.genderodyssey.org (adult, youth and family, - families have sessions in a separated area to facilitate community)
- Trans Health in Philadelphia: www.trans-health.org (adult, youth and family)

Summer Camps for Kids:

- Camp Aranu'tiq (<http://www.camparanutiq.org>) offers camps for youth in New England and California. In 2013 they will offer a family camp in Massachusetts. They offer financial assistance to those who qualify.
- Trans Youth Equality Foundation (<http://transyouthequality.org/>): Summer retreat in the Maine woods. Limited scholarships are available.

Online Support

- **Trans Youth Family Allies** offers a Yahoo! group for parents of trans kids (toddler through high school). To join, go to http://health.groups.yahoo.com/group/TYFA_TALK, click "Join this Group" The moderator will call you for a quick screening. She screens everyone who enters the group to be sure it is a safe place for parents.
- **Gender Spectrum** (www.genderspectrum.org) offers a monthly Parent Support Conference Call on the last Wednesday of the month from 8:00 - 10:00 p.m. Eastern Time. For more information or to sign up, call them at 510.567.3977 or email info@genderspectrum.org They also facilitate the GS Lounge. This online group is especially recommended for families with gender fluid kids.
- **Parents of Transgender Children** Facebook Group offers online support for families with transgender children of all ages. Members minimally screened, consider privacy needs

Colorado Providers

- **Endocrinologist:** Dr. Phillip Zietler, 720-777-6128 Children's Hospital, Children's Hospital 13123 E. 16th Avenue Aurora, CO 80045-7106
- **Pediatric and Adolescent Medicine:** Dr. Daniel Reirden, 720-777-6131 Children's Hospital 13123 E. 16th Avenue Aurora, CO 80045-7106
- **Family Medicine:** Dr Anna Weigleitner (303) 759-4800 2020 South Oneida Street Denver CO 80224-2448 <http://www.mountainviewfamilyphysicians.org/providers>
- **Psychotherapist:** Dr. Tara Eastcott, Psy.D. 720-236-2821 2121 30th St #112, Boulder, CO 80301 www.bentboulder.com
- **Psychologist:** Sarah E. Burgamy, Psy.D. 303-807-3300 490 South Logan Street Denver, Colorado 80209 <http://www.phoenix-rise.com/about.php>

Documentaries

- Faces & Facets of Transgender Experience, www.pflagboulder.org
- Becoming Me, In the Life Media <http://www.youtube.com/watch?v=lxzKIPVceWg>
- Almost Myself, www.almostmyself.com
- On You Tube *I am Jazz*, Parts 1-4, *My Secret Self*, parts 1-5

Audio

- 2010, 2011 and 2013 Gender Spectrum Conference
<http://www.hungrymindrecordings.com/ProductListing.aspx?Keywords=gender+spectrum&x=0&y=0>

Nonfiction Books

- *The Transgender Child*, Stephanie Brill
- *Gender Born, Gender Made*, Diane Ehrensaft
- *Transgender 101, A Simple Guide to a Complex Issue*, Nicholas M Teich
- *Trans-Kin: A Guide for Family and Friends of Transgender People (Volume 1)* by Dr. Eleanor A Hubbard and Cameron T Whitley This book looks at the breath of the youth and adult trans* experience. (Note: Families with trans* youth may find it difficult to read about the challenges faced by trans* adults who did not have the advantages they are providing their children.)
- *Evolution's Rainbow*, Joan Roughgarden

Affirming Kids Books

- *Be Who You Are*, Jennifer Carr (1st grade level. Excellent book - recommended for all ages)
- *Tulip*, and *Backwards Day*, S. Bear Bergman